



Clitheroe Dolphins

& District Amateur Swim Club Est. 1973

NEWS ROUND-UP – Monday 6th May 2019

If you still have any suggestions or questions you would like to see covered in future newsletters, please get in touch with Lee Scanlan (leescanlan@clitheroedolphins.co.uk) or ask a member of the committee at one of the pools.

Gala Successes

Since the last newsletter we have had several swimmers represent the club at the North West Regional Championships and at the Blackpool Rocks Gala.

The Women's 17 and over Medley Relay team comprising Alice Fox, Charlotte Dunn, Martha Smith and Ellie Ward opened the event finishing 4th. In the individual events Ellie Ward swam in the 50m Breaststroke and Martha Smith swam in the 50m & 100m Freestyle, 50m & 100m Butterfly, the 50m Breaststroke and the 50m Backstroke, reaching the final in the 50m & 100m Fly finishing a creditable 6th and 7th.

At the Blackpool Rocks gala this weekend Dolphins were represented by 14 swimmers with most achieving at least one or more personal best time. We also won several medals with Martha Smith winning the Girls 50m Freestyle, Ellie Ward winning the 50m Backstroke & 100m Individual Medley, and Owen Donnelly securing Bronze in the 50m Backstroke & 100m Backstroke. A special mention also goes to Archie Lorimer who won 4 golds (50m, 100m & 200m Backstroke and 100m Individual Medley), 2 silver medals (50m Freestyle & 100m Fly) and 2 bronze medals (100m Breaststroke & 200m Individual Medley) whilst taking the trophy for the best 9-year-old boy.

Well done to all our swimmers who swam extremely well and represented Dolphins with pride.

Outstanding Gala Fees

Please can everyone ensure that if they have entered a gala and have outstanding entry fees to pay that they are settled as soon as possible, it makes the administration teams job a lot easier if entry fees are paid in a timely manner. However, the club will be chasing entry fees should they remain outstanding.

Rotherham Metro Gala - Entries

Seamus has received confirmation that the entries for Rotherham have been accepted, the list of received entries is below. Please check you are on the list if you have entered this event.

[Rotherham Entries – July 6th & 7th](#)

Rotherham Metro Gala Holiday Inn Discount

For all of those entering the Rotherham Gala the Holiday Inn Express and Holiday Inn are offering discount deals.

[Holiday Inn Rotherham Deals link](#)

Entries for Garstang Gators and PSC Summer Spectacular

Seamus has processed the following entries for both the PSC Summer Spectacular and Garstang Gators Galas however we are awaiting confirmation of acceptance. Please check the entries if you have submitted entries to these Galas.

[PSC Summer Spectacular Entries - June 8th and 9th](#)

[Garstang Gators Medal Gala – June 16th](#)

Advice on Entering Galas

As a club we are aware we have several new swimmers at the club who are new to the world of competitive swimming and the gala process can seem a little overawing. If you would like to discuss what's involved, what the process is for entering galas, and what to expect on race day please do not hesitate to contact us at leescanlan@clitheroedolphins.co.uk and we will happily arrange to discuss it. We like as many swimmers as possible to compete as its great fun and a culmination of the training process.

Sessions cancelled

Due to gala attendance by the swimmers and coaches at PSC and Rotherham Galas, and Bank holiday the following sessions have been cancelled:

Monday 27th May

Saturday 8th June – Both Land and Pool training

Saturday 6th July – Both Land and Pool training

Dolphins Easyfundraising

Shopping via the Dolphins cause on Easyfundraising.co.uk means you can earn valuable donations for the club by shopping for anything from Holidays to the weekly shop, or Broadband to Stationery. With well know High St and internet retailers participating it really couldn't be easier to boost vital funds. Simply visit the link below and join the cause. We have already earned over £200 in just two months!



<https://www.easyfundraising.org.uk/invite/E6TJY8/CTFI11/>

Sponsorship Opportunities

Staying on the fundraising theme, we are always on the lookout for new sponsors and corporate partners. We have a wide number of opportunities available ranging from Club title sponsor, through to gala and squad sponsorship. With the start of the Micro league season and the Swim League season just around the corner, there isn't a better time to seize the opportunity to support the club whilst also exploiting the opportunity to advertise your brand across the region. All our packages are negotiable, and details can be found on our website and at the link below.

<http://clitheroedolphins.co.uk/wp-content/uploads/2018/10/Clitheroe-Dolphins-Sponsorship-Opportunities.pdf>

Round Up of upcoming events and dates

11th & 12th May 2019 – Manchester Aquatics Centre - Regional Champs Week 2 **** Note Venue Change****

Sun 19th May – Microleague meet @ Knowsley

25th & 26th May 2019 – Manchester Aquatics Centre - Regional Champs Week 3

Thurs 23rd May – Open Club Meeting (all free to attend)

Sat 1st June – Swim League Meet @ Palatine, Blackpool

Sun 2nd June – Microleague meet @ Leyland

Sat 8th & Sun 9th June – PSC Summer Spectacular Gala – Darwen Leisure Centre

Sun 16th June – Garstang Gators Medal Gala – Palatine Leisure Centre

Sun 30th June – Microleague meet, @ Stonyhurst

Sat 6th & Sun 7th July – Rotherham Metro Summer Gala – Ponds Forge Sheffield

Sat 13th & Sun 14th July - North Lancs Level 3 Meet – Palatine Leisure Centre

Sat 28th & Sun 29th Sept - North Lancs Level 2 Meet Weekend 1 – Palatine Leisure Centre

Sat 19th & Sun 20th Oct - North Lancs Level 2 Meet Weekend 2 – Palatine Leisure Centre