



# Clitheroe Dolphins

& District Amateur Swim Club Est. 1973

## NEWS ROUND-UP – Weds 22nd May 2019

If you still have any suggestions or questions you would like to see covered in future newsletters, please get in touch with Lee Scanlan ([leescanlan@clitheroedolphins.co.uk](mailto:leescanlan@clitheroedolphins.co.uk)) or ask a member of the committee at one of the pools.

### Swim League Squad for the final round on Saturday 1<sup>st</sup> June

Palatine Leisure Centre, 207 St Anne's Rd, Blackpool FY4 2AP

Mike has announced the team for the final round of the swim league. The gala takes place at Blackpool's Palatine Leisure Centre with Warm up starting at 3.45pm.

Admission – 3.30pm, Warm Up – 3.45pm, First Race 4.15pm

#### **12 & Under Girls**

Grace Warden  
Alex Holmes  
Ally Holmes  
Edith Scanlan

#### **12 & Under Boys**

Harry Shackleton  
Felix Snowden  
Matthew Taylor  
Owen Donnelly

#### **14 & Under Girls**

Fallon Holgate  
Saskia Daly  
Betty Waddington  
Hattie Varley

#### **14 & Under Boys**

Ibrahim Ali  
Issac Royal  
Ben Harris

#### **Open Women**

Martha Smith  
Ellie Ward  
Emma Jackson  
Alice Entwistle

#### **Open Men**

Hadley Whitehead  
Tom Owen-Baxter  
Adam Stansfield  
Russ Brass

**Please can all swimmers confirm their availability with Mike on 07809 642263 or Sara on 07821 587904**

### Dolphins back at Regionals

Weekend number three of the north west regional championships takes place on Saturday the 25<sup>th</sup> and Sunday 26<sup>th</sup> May, with Dolphins represented again. Good luck to Fallon Holgate who is going in the Women's 50m Backstroke.

### Microleague team put in a superb performance

Sunday saw our younger Dolphins travel to Merseyside to take on Prescott, Pioneer'79, and Blackburn in our second Microleague gala of the season. The inexperienced team made up of swimmers from across all our training groups put on a fantastic show as they came a close 4th in the meet. The squad featured several swimmers making their first ever appearance at a gala and they all swam incredibly well, with a lot of swimmers recording personal best times. Head coach Mike Robinson praised the swimmers remarking on how noticeable the improvement had been from all of the swimmers compared to the first-round swim a month and a half ago. With 2 more Microleague meets on the horizon, our plucky Dolphins don't have long to wait before they get the chance to show us again what they can do.

The next meet takes place at Leyland Leisure Centre on Sunday the 2nd June 2019 and the team for the gala will be announced in the coming days.

**Final scores : Pioneer '79 – 139pts, Prescot – 132 pts, Blackburn – 106pts, Clitheroe – 98pts**

### **Rotherham Metro Gala - Confirmed**

Confirmation of our Rotherham entries have been received and can be found here:

[Accepted Entries -Rotherham](#)

### **Outstanding Gala Fees**

Please can everyone ensure that if they have entered a gala and have outstanding entry fees to pay that they are settled as soon as possible, it makes the administration teams job a lot easier if entry fees are paid in a timely manner. However, the club will be chasing entry fees should they remain outstanding.

### **Pioneer Shrimps Gala – Excellent first timer Gala**

Pioneer '79 have invited our young Dolphins aged 8 -10 to take part in their July Shrimps Gala at Accrington Academy on Sunday July 9<sup>th</sup>. This is a great opportunity for new swimmers to experience competitive swimming for the first time so please consider entering if your swimmer is in the age banding and are looking to compete. Our Dolphins coach Adrian Peck will be taking the team as the gala coincides with the weekend gala at Rotherham Metro.

The closing date for entries is Friday 14<sup>th</sup> June so please have all entries submitted to Seamus at [galaentries@clitheroedolphins.co.uk](mailto:galaentries@clitheroedolphins.co.uk) by **Friday 7<sup>th</sup> June** to ensure we have time to process them. If you have any questions about entering a gala please contact me at [leescanlan@clitheroedolphins.co.uk](mailto:leescanlan@clitheroedolphins.co.uk) and I will be happy to answer your queries.

[Pioneer Shrimps Entry Details](#)

### **North Lancs Level 3 Meet- Palatine Leisure Centre 13<sup>th</sup> & 14<sup>th</sup> July**

Details for the North Lancs Level 3 gala on the 13<sup>th</sup> and 14<sup>th</sup> of July have been released. This gala is not on Mike's suggested gala schedule with Rocks, Preston, Garstang and Rotherham coming in quick succession, however we will process entries for those wanting to attend. If we have swimmers entering the gala, poolside will be run by volunteer helpers.

[Entry Details can be found here](#)

Closing date for entries is Monday 24<sup>th</sup> June so please have all entries submitted to Seamus at [galaentries@clitheroedolphins.co.uk](mailto:galaentries@clitheroedolphins.co.uk) by Friday 14<sup>th</sup> June to ensure we have time to process them.

### **IMPORTANT – Monthly Fees**

Following a regular audit of our bank statements we have noticed that some members are either not paying their fees or have not been paying the correct amount. We rely on these fees to be able to pay for pool hire and to keep the club running so we need our members to be up to date with their fees. Please could we ask all members to check they are paying their correct monthly fees. Details on our fee structure can be found [here](#).

We will be chasing people who are not paying fees over the coming weeks.

### **Advice on Entering Galas**

As a club we are aware we have several new swimmers at the club who are new to the world of competitive swimming and the gala process can seem a little overawing. If you would like to discuss what's involved, what the process is for entering galas, and what to expect on race day please do not hesitate to contact us at [leescanlan@clitheroedolphins.co.uk](mailto:leescanlan@clitheroedolphins.co.uk) and we will happily arrange to discuss it. We like as many swimmers as possible to compete as its great fun and a culmination of the training process.

### **Summer Break and Cancelled Sessions**

We will be taking our annual summer break between Monday 26<sup>th</sup> July until Monday 12<sup>th</sup> August 2019. All sessions between these dates will be cancelled.

Due to gala attendance by the swimmers and coaches at PSC and Rotherham Galas, and Bank holiday the following sessions have been cancelled:

Monday 27<sup>th</sup> May

Saturday 8<sup>th</sup> June – Both Land and Pool training

Friday 5<sup>th</sup> & Saturday 6<sup>th</sup> July – Both Land and Pool training

## **Dolphins Easyfundraising**

Shopping via the Dolphins cause on Easyfundraising.co.uk means you can earn valuable donations for the club by shopping for anything from Holidays to the weekly shop, or Broadband to Stationery. With well know High St and internet retailers participating it really couldn't be easier to boost vital funds. Simply visit the link below and join the cause. We have already earned over £200 in just two months!



<https://www.easyfundraising.org.uk/invite/E6TJY8/CTFI11/>

## **Sponsorship Opportunities**

Staying on the fundraising theme, we are always on the lookout for new sponsors and corporate partners. We have a wide number of opportunities available ranging from Club title sponsor, through to gala and squad sponsorship. With the start of the Micro league season and the Swim League season just around the corner, there isn't a better time to seize the opportunity to support the club whilst also exploiting the opportunity to advertise your brand across the region. All our packages are negotiable, and details can be found on our website and at the link below.

<http://clitheroedolphins.co.uk/wp-content/uploads/2018/10/Clitheroe-Dolphins-Sponsorship-Opportunities.pdf>

## **Round Up of upcoming events and dates**

25th & 26th May 2019 – Manchester Aquatics Centre - Regional Champs Week 3

Thurs 23<sup>rd</sup> May – Committee Meeting

Sat 1<sup>st</sup> June – Swim League Meet @ Palatine, Blackpool

Sun 2<sup>nd</sup> June – Microleague meet @ Leyland

Sat 8<sup>th</sup> & Sun 9<sup>th</sup> June – PSC Summer Spectacular Gala – Darwen Leisure Centre

Sun 16<sup>th</sup> June – Garstang Gators Medal Gala – Palatine Leisure Centre

Sun 30<sup>th</sup> June – Microleague meet, @ Stonyhurst

Sat 6<sup>th</sup> & Sun 7<sup>th</sup> July – Rotherham Metro Summer Gala – Ponds Forge Sheffield

Sat 13<sup>th</sup> & Sun 14<sup>th</sup> July - North Lancs Level 3 Meet – Palatine Leisure Centre

Sat 28<sup>th</sup> & Sun 29<sup>th</sup> Sept - North Lancs Level 2 Meet Weekend 1 – Palatine Leisure Centre

Sat 19<sup>th</sup> & Sun 20<sup>th</sup> Oct - North Lancs Level 2 Meet Weekend 2 – Palatine Leisure Centre