



Clitheroe Dolphins

& District Amateur Swim Club Est. 1973

WEEKLY NEWS ROUND-UP - Wednesday 13th March 2019

If you still have any suggestions or questions you would like to see covered in future newsletters, please get in touch with Lee Scanlan (leescanlan@clitheroedolphins.co.uk) or ask a member of the committee at one of the pools.

Highly valued coach to leave the club

It is with sadness that we must inform our members that Debbie Fox will be leaving the Dolphins coaching staff in April following years of loyal service to the club. Debbie has been a regular fixture at the Ribblesdale pool for many years and has been instrumental in bringing through generations of young Dolphins, many of whom have gone on to bigger and better things. A regular face at pools and galas, Debbie has been a great ambassador not only for the club but also the sport within the region. Debbie will be a huge loss for us, and we can't thank her enough for her many years of service to the club, the rest from coaching is most definitely well deserved!

The club committee are working with Head Coach Mike Robinson to ensure we continue to provide the same high-quality coaching that Debbie has provided to our younger Dolphins. We have identified several options available to us, and once these have been finalised, we will let you know more.

Dolphins awarded LCC grant to educate coaches of the future

Dolphins have been successful in a bid to secure £1,980 from Lancashire County Council to launch a coach education programme for club members. The bid was submitted in December and comprised a combination of training elements aimed at fulfilling both our immediate requirements, and the long-term development goals of the club.

The bid was made up of 2 elements, with the first being an immediate requirement to improve the quality and depth of coaching we provide to our members by creating a new ASA Level 1 coach at the club via the qualification of a volunteer coach, complimented by the provision of a lane coach course for interested parents. The second strand to the bid targeted our desire to invest in the future, by giving older swimmers a chance to embark down a teaching and coaching route with a view to becoming qualified coaches and teachers. Over the next few weeks we will be asking people to register their interest in each of these options so that we can identify suitable candidates for the programme.

Blackpool Rocks Entries

With the closing date for entries passing last Saturday (9th March) we can confirm the following entries have been submitted and accepted by the organisers:

Martha Smith	50 free
Emma Jackson	50 free, 100 free, 200 free, 50 back, 50 fly, 100IM
Ellie Ward	50 back, 100 IM
Edith Scanlan	50 free, 100 free, 50 back, 100 back, 200 back, 50 breast, 100 breast, 200 breast, 50 fly, 100 IM, 200IM
Millie Wilson	50 free, 100 free, 200 free, 50 back, 100 back, 200 back
Grace Warden	50 free, 100 free, 50 back, 100 back, 50 breast, 50 fly, 100 IM
Ally Holmes	50 free, 100 free
Alex Holmes	50 free
Betty Waddington	100 free
Archie Lorimer	50 free, 100 free, 200 free, 50 back, 100 back, 200 back, 50 breast, 100 breast, 50 fly, 100 fly, 100IM, 200 IM
Oliver Threlfall	50 back, 100 back, 50 free, 100 breast
Ben Harris	50 free, 50 back, 100 back, 50 breast, 100 IM

Tom Harris	50 free, 50 back, 50 breast, 100 breast
Owen Donnelly	50 free, 100 free, 50 back, 100 back, 200 back, 50 breast, 100 breast, 50 fly

We have been notified that this event is now full, so if your entry has not been submitted to Seamus or is not on the list above it will not be accepted by the organisers.

Schools Gala Success

Monday saw Clitheroe Dolphins support the Hyndburn and Ribble Valley Sports Partnership with the running of the Ribble Valley rural school's gala at Ribblesdale Pool. The event was a huge success with over 80 swimmers from 10 schools across the region taking part, including many current Dolphins competing for their schools. Well done to everyone who took part, and many thanks to our volunteers, many of whom took time off work to support event. Hopefully your efforts have left a lasting impression on the young competitors and we will see some new faces joining the club soon.

Swim Club Manager

Many thanks to all of you have already sent in you details. We will be emailing out your logins over the weekend which will allow you to view and update your swimmers' details. For those who have yet to respond please can ask you to send an email to leescanlan@clitheroedolphins.co.uk with the following information:

Parents Name

Parents/swimmers email address

Swimmer(s) names, and DOB

Once I have this information, I will set you up on the system, and email out your username, password and instructions on how to use the system. Over the coming months we will be setting up the software to a sell club merchandise and kit, and to manage gala entries.

Change in Committee meeting

The committee meeting scheduled for Thursday 21st March will now be a committee only meeting due to some urgent club business that needs to be resolved. Details of the next open meeting will be released soon.

Timekeeper Training

The club is always looking for people willing to help at galas and on poolside. In order to ensure we have enough trained timekeepers; the club are looking to arrange a course at one of our pools for willing parents and volunteers. We need timekeepers for our own sprint gala and galas such as Microleague and Arena league, in many cases timekeepers are compulsory at these galas. The training lasts a couple of hours and will be run during a training session. Can anyone interested please email me at leescanlan@clitheroedolphins.co.uk

Dolphins Easyfundraising effort Breaks £250

Four months in and our Easy fundraising shopping website has now raised over £250 for the club, with Tracey Ward leading the fundraising effort by amassing a huge £63.25 in donations. The current total raised stands at £253.78, but we are hoping to keep building on this total over the coming months, with all money raised being spent on equipment and training for the swimmers.

Shopping via the Dolphins cause on Easyfundraising.co.uk means you can earn valuable donations for the club by shopping for anything from Holidays to the weekly shop, or Broadband to Stationery. With well know High St and internet retailers participating it really couldn't be easier to boost vital funds. Simply visit the link below and join the cause. We have already earned over £200 in just two months!



<https://www.easyfundraising.org.uk/invite/E6TJY8/CTF11/>

Sponsorship Opportunities

Staying on the fundraising theme, we are always on the lookout for new sponsors and corporate partners. We have a wide number of opportunities available ranging from Club title sponsor, through to gala and squad sponsorship. With the start of the Micro league season and the Swim League season just around the corner, there isn't a better time to seize the opportunity to support the club whilst also exploiting the opportunity to advertise your brand across the region. All our packages are negotiable, and details can be found on our website and at the link below.

Swim England Privacy Policy

We have been asked again to bring you attention to the Swim England Privacy Policy and how your information is handled by Swim England. Details of the policy can be found here:

<http://clitheroedolphins.co.uk/wp-content/uploads/2019/02/Swim-England-Data-Protection-Policy.pdf>

Round Up of upcoming events and dates

Thurs 21st Mar – Committee Meeting

Sat 30th – 31st March – Burnley 'Last Chance Gala'

Sat 6th Apr – Swim League Meet @ Salt Ayre, Lancaster (Note Venue Change)

Tue 30th Apr – Committee Meeting

Sat 3rd, 4th & 5th May – Blackpool Rocks Gala – Palatine Leisure Centre

Sun 19th May – Microleague meet @ Knowsley

Thurs 23rd May – Open Club Meeting (all free to attend)

Sat 1st June – Swim League Meet @ Palatine, Blackpool

Sun 2nd June – Microleague meet @ Leyland

Sun 30th June – Microleague meet, @ Stonyhurst

Sat 13th & Sun 14th July - North Lancs Level 3 Meet – Palatine Leisure Centre

Sat 28th & Sun 29th Sept - North Lancs Level 2 Meet Weekend 1 – Palatine Leisure Centre

Sat 19th & Sun 20th Oct - North Lancs Level 2 Meet Weekend 2 – Palatine Leisure Centre