



# Clitheroe Dolphins

& District Amateur Swim Club Est. 1973

## WEEKLY NEWS ROUND-UP - Wednesday 30<sup>th</sup> January

If you still have any suggestions or questions you would like to see covered in future newsletters, please get in touch with Lee Scanlan ([leescanlan@clitheroedolphins.co.uk](mailto:leescanlan@clitheroedolphins.co.uk)) or ask a member of the committee at one of the pools.

### We need your help

Please can we ask you all a favour! It appears that despite having outlets on twitter, facebook, Instagram, website and the mailing list we still have members not getting our regular updates. Can we ask the next time you are at training that you chat to the person next you and mention the newsletter. We will also post newsletters in the noticeboards at both pools but anything you can do to spread the word would be appreciated.

### ASA Fees

We have one final reminder for ASA fees which are due by the **close of play on January 31<sup>st</sup> and** as currently we still have many swimmers yet to pay their fees. If your fees are still outstanding but you are having problems finding a way to get them to us, or maybe you have just forgotten, please contact either Ruth Jackson ([rjackson@clitheroedolphins.co.uk](mailto:rjackson@clitheroedolphins.co.uk)), Lee Scanlan ([leescanlan@clitheroedolphins.co.uk](mailto:leescanlan@clitheroedolphins.co.uk)) or Jayne Case ([jcase@clitheroedolphins.co.uk](mailto:jcase@clitheroedolphins.co.uk)) and we will arrange a way of getting swimmers registered. Fees will be accepted after this date, but we have a large amount of administration to complete in a short time in order to get swimmers registered therefore prompt payment makes this process easier.

**If these fees are not paid then your child will not be able to swim or compete until they are paid.**

**Please Make Cheques payable to 'CDASC'**

### Bobcats Last Chance Regional Qualifier – Received Entries

Thanks to everyone for the prompt submission of gala entries and as a result Seamus is poised ready to send them in at the earliest opportunity. It's great to see some new names on the entry list and we can't wait see you all poolside in Darwen. So that we can confirm we have received all entries, can we ask all members to check the received entry information below. **Please check swimmers names AND events. In the event you find any errors or omissions, please contact Seamus ASAP on his new email address – [galaentries@clitheroedolphins.co.uk](mailto:galaentries@clitheroedolphins.co.uk)**

Tom Owen Baxter – 50 fly, 50 free, 100 free, 50 breast, 100 breast

Matthew Boyd – 100 free, 100 fly

Benjamin Harris – 100 free, 100 back

Thomas Harris – 50 breast, 100 breast

Archie Lorimer – 50 fly, 100 fly, 200 IM, 50 breast, 100 breast, 200 breast, 50 back, 100 back, 200 back, 200 free

Owen Donnelly -100 free, 100 breast, 50 fly

Oliver Threlfall – 50 free, 50 fly, 50 breast

Ibrahim Ali -50 free, 50 breast, 50 fly, 200 IM

Saskia Daly – 50 fly, 50 free, 100 free

Martha Smith – 50 breast, 100 breast, 50 fly, 100 fly, 100 free, 100 back

Betty Waddington – 50 free, 200 IM

Fallon Holgate – 50 free, 100 free, 200 free, 50 back, 100 back, 200 back

Jess Aspin -50 free, 100 free, 200 free, 50 breast, 50 fly

Grace Warden - 50 breast, 100 breast, 50 back, 100 back, 200 back, 50 fly, 100 free

Ellie Ward – 50 free, 50 fly, 50 breast, 100 breast, 100 back

Edith Scanlan - 50 back, 100 back, 200 back, 50 free, 50 fly, 50 breast, 100 breast, 200 breast

Emma Jackson – 50 free, 200 free  
Rumaysa Ali - 50 free, 100 free, 200 free, 50 fly, 100 fly, 50 back,  
Charlotte Dunn – 50 free, 100 free, 50 fly, 200 IM

### **County Championship Update**

With the first weekend of the county championships completed we are proud to say our Clitheroe Dolphins swimmers acquitted themselves well, with some fantastic performances and some superb personal bests. Well done to all our swimmers.

This weekend sees the action move to Liverpool, with Saturday afternoon seeing Sadie Wilson & Fallon Holgate swimming in the Women's 200m Backstroke and Matthew Boyd swimming in the Men's 100m Fly. On Sunday afternoon we have Alice Entwistle and Martha Smith swimming in the Women's 100m Fly

Warm up times for those swimming aren't available as yet but should be announced on the Swim Lancashire website soon.

For those not competing but wanting to watch the action, there is a live feed of the action on the county website [www.swimlancashire.org.uk](http://www.swimlancashire.org.uk)

### **Swim League and Microleague announcement coming soon**

With the first swim league meet scheduled for Saturday 16<sup>th</sup> of February and the first Microleague fixture on March 3<sup>rd</sup> we will be announcing the Swim league team in next week's newsletter, followed by the Microleague team announcement shortly after. Mike is in the process of analysing times following this weeks' time trials whilst also considering previously achieved personal bests, as soon as the teams are selected, we will let you all know.

### **Dolphins to support the Ribble Valley Primary Schools gala**

As part of our commitment to supporting the community, especially local schools, we will once again be helping to host the annual Ribble Valley Schools gala. The gala is aimed at Ribble Valley primary schools located outside of Clitheroe and is a great event that enables us to promote the club to both schools and pupils, whilst at the same time supporting the community. This year's gala is taking place at Ribblesdale Pool on Monday March 11<sup>th</sup> between 1-3pm. As always, these events are only as good as the volunteers who run them, and whilst we have quite a few we could always use some more, so if you would be interested in helping please let us know.

### **Make money by shopping for Dolphins**

As always Clitheroe Dolphins are continually looking to raise money to help us improve the equipment and coaching at the club, but did you know you can help make Dolphins money by simply shopping on the internet?

Shopping via the Dolphins cause on Easyfundraising.co.uk means you can earn valuable donations for the club by shopping for anything from Holidays to the weekly shop, or Broadband to Stationery. With well know High St and internet retailers participating it really couldn't be easier to boost vital funds. Simply visit the link below and join the cause. We have already earned over £200 in just two months!



<https://www.easyfundraising.org.uk/invite/E6TJY8/CTF11/>

### **Sponsorship Opportunities**

Staying on the fundraising theme, we are always on the look out for new sponsors and corporate partners. We have a wide number of opportunities available ranging from Club title sponsor, through to gala and squad sponsorship. With the start of the Micro league season and the Swim League season just around the corner, there isn't a better time to seize the opportunity to support the club whilst also exploiting the opportunity to advertise your brand across the region. All our packages are negotiable, and details can be found on our website and at the link below.

<http://clitheroedolphins.co.uk/wp-content/uploads/2018/10/Clitheroe-Dolphins-Sponsorship-Opportunities.pdf>

## **Round Up of upcoming events and dates**

### **Thurs Jan 31<sup>st</sup> – Deadline for paying ASA fees**

Sat 2<sup>nd</sup> – 3<sup>rd</sup> Feb – Lancashire Championship Weekend 2 @ Liverpool  
Sat 9<sup>th</sup> – 10<sup>th</sup> Feb – Lancashire Championship Weekend 3 @ Manchester  
Sat 16<sup>th</sup> Feb – Swim League Meet @ Salt Ayre, Lancaster  
Tue 21<sup>st</sup> Feb – Committee Meeting  
Sun 3<sup>rd</sup> Mar – Microleague meet @ Accrington Academy  
Thurs 21<sup>st</sup> Mar – Open Club Meeting (all free to attend)  
Sat 30<sup>th</sup> – 31<sup>st</sup> March – Burnley 'Last Chance Gala'  
Sat 6<sup>th</sup> Apr – Swim League Meet @ Darwen  
Tue 30<sup>th</sup> Apr – Committee Meeting  
Sat 3<sup>rd</sup> & 4<sup>th</sup> May – Blackpool Rocks Gala  
Sat 18<sup>th</sup> May – Microleague meet @ Knowsley  
Thurs 23<sup>rd</sup> May – Open Club Meeting (all free to attend)  
Sat 1<sup>st</sup> June – Swim League Meet @ Palatine, Blackpool  
Sun 2<sup>nd</sup> June – Microleague meet @ Leyland  
Sun 30<sup>th</sup> June – Microleague meet, @ Stonyhurst

