

# LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION

## AGE GROUPS AND CHAMPIONSHIPS 2019

### CONSIDERATION TIMES SHORT COURSE

Licence Nos 1NW 190175 1NW 190176 1NW 190177

#### Age as at 31 December 2019

<b>BOYS</b>	<b>10/11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/Ov.</b>
<b>EVENT</b>							
50m Freestyle	37.0	34.0	31.5	30.5	29.5	29.0	28.0
100m Freestyle	1:16.5	1:11.5	1:08.0	1:05.0	1:02.0	1:01.0	1:00.0
200m Freestyle	2:47.5	2:36.5	2:28.0	2:22.0	2:15.0	2:14.0	2:12.0
400m Freestyle	5:55.0	5:32.0	5:13.0	5:00.0	4:48.5	4:45.5	4:41.5
800m Freestyle	<b>No Event</b>	10:58.0	10:30.0	10:10.0	9:50.0	9:40.0	9:30.0
1500m Freestyle	<b>No Event</b>	21:10.0	20:25.0	19:25.0	18:50.0	18:30.0	18:15.0
50m Breaststroke	47.5	44.0	40.0	39.0	36.5	35.5	35.0
100m Breaststroke	1:42.0	1:36.0	1:28.5	1:24.0	1:20.0	1:19.0	1:18.0
200m Breaststroke	3:38.0	3:24.0	3:10.0	3:00.5	2:53.0	2:52.0	2:50.0
50m Butterfly	40.0	38.00	34.5	32.5	31.0	30.5	30.0
100m Butterfly	1:26.5	1:21.5	1:17.5	1:14.0	1:09.0	1:07.5	1:06.0
200m Butterfly	3:15.0	3:03.	2:50.0	2:44.0	2:35.0	2:33.0	2:30.0
50m Backstroke	40.5	37.5	35.5	34.0	32.5	31.5	30.5
100m Backstroke	1:27.5	1:21.5	1:18.0	1:14.0	1:10.0	1:09.5	1:09.0
200m Backstroke	3:07.0	2:55.0	2:47.0	2:39.0	2:32.0	2:31.0	2:30.0
200m Ind. Med	3:09.0	2:57.0	2:49.0	2:41.0	2:34.5	2:33.0	2:31.0
400m Ind. Med	<b>No Event</b>	6:20.0	6:00.0	5:45.0	5:33.0	5:31.0	5:29.0

<b>GIRLS</b>	<b>10/11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/Ov.</b>
<b>EVENT</b>							
50m Freestyle	37.0	33.5	32.0	31.0	30.5	30.0	29.5
100m Freestyle	1:17.0	1:13.0	1:09.5	1:08.0	1:06.5	1:05.5	1:05.0
200m Freestyle	2:47.5	2:37.0	2:30.5	2:28.0	2:24.0	2:22.5	2:21.0
400m Freestyle	5:55.0	5:32.0	5:17.0	5:12.0	5:06.0	5:03.0	5:00.0
800m Freestyle	<b>No Event</b>	11:08.0	10:45.0	10:30.0	10:10.0	10:05.0	10:00.0
1500m Freestyle	<b>No Event</b>	21:30.0	20:45.0	20:00.0	19:30.0	19:00.0	18:45.0
50m Breaststroke	47.0	43.0	40.5	39.5	38.5	38.0	37.5
100m Breaststroke	1:40.5	1:34.0	1:30.0	1:28.0	1:27.0	1:26.0	1:25.0
200m Breaststroke	3:37.0	3:23.0	3:12.0	3:09.5	3:08.0	3:06.5	3:05.5
50m Butterfly	40.0	38.0	35.0	34.0	33.5	33.0	32.5
100m Butterfly	1:28.0	1:23.0	1:19.0	1:17.0	1:15.0	1:14.0	1:13.0
200m Butterfly	3:15.0	3:04.0	2:54.0	2:50.0	2:46.0	2:44.5	2:42.5
50m Backstroke	40.5	38.0	36.5	35.5	35.0	34.5	34.0
100m Backstroke	1:27.5	1:23.5	1:20.0	1:17.5	1:16.0	1:15.0	1:14.5
200m Backstroke	3:10.0	2:58.0	2:49.5	2:46.0	2:42.5	2:41.0	2:39.0
200m Ind. Med	3:10.0	3:00.0	2:51.0	2:49.0	2:46.0	2:44.0	2:42.0
400m Ind. Med	<b>No Event</b>	6:24.0	6:05.0	5:58.0	5:54.0	5:52.0	5:50.0

**All times must have been achieved between**

**1 March 2018 and 31 December 2018 from a licensed meet (Levels 1,2,3 or 4 ) No split times accepted.**